

## REGISTRATION FORM

NAME.....

ADDRESS..... CITY .....

HOME PHONE ..... WORK PHONE ..... CELL .....

SCHOOL..... POSITIONS PLAYED.....

### T-SHIRT SIZE

LG \_\_\_\_\_ XLG \_\_\_\_\_ XXL \_\_\_\_\_

CAMP 1 \_\_\_\_\_ CAMP 2 \_\_\_\_\_ ACADEMY \_\_\_\_\_ MOMS \_\_\_\_\_

HIGH SCHOOL \_\_\_\_\_ MIDDLE SCHOOL \_\_\_\_\_ 7-12 GRADE \_\_\_\_\_

MAKE ALL CHECKS PAYABLE TO LAKE ORION COMMUNITY SCHOOLS. PLEASE INCLUDE PAYMENT AND SIGNED MEDICAL RELEASE FORM WITH REGISTRATION.

QUESTIONS REGARDING THE CAMPS CAN BE ANSWERED BY CALLING CHRIS BELL AT 693-5420

ALL COMPLETED FORMS SHOULD BE SENT TO: THE FOOTBALL DEPARTMENT - ATTENTION: CHRIS BELL  
LAKE ORION HIGH SCHOOL - 495 EAST SCRIPPS ROAD - LAKE ORION, MI 48360

### MEDICAL RELEASE

ARE THERE MEDICAL CONDITIONS THAT THE STAFF OF THE FOOTBALL CAMP SHOULD KNOW ABOUT?

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### ALLERGIES?

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### MEDICATIONS?

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I HEREBY AUTHORIZE THE COACHES FOR THE LAKE ORION FOOTBALL SKILLS CAMP TO ACT FOR ME IN ANY EMERGENCY REQUIRING MEDICAL ATTENTION FOR MY SON, AND I HEREBY RELEASE, EXONERATE AND DISCHARGE LAKE ORION COMMUNITY SCHOOLS AND LAKE ORION FOOTBALL SKILLS CAMP AND ITS EMPLOYEES FROM ANY AND ALL ACTIONS OR CAUSE OF ACTIONS KNOWN AND UNKNOWN FOR ANY INJURIES INCURRED WHILE ATTENDING ANY OF THE FOOTBALL CAMP ACTIVITIES.

PARENT OR GUARDIAN SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_

# LAKE ORION DRAGONS FOOTBALL CAMPS



THE LAKE ORION FOOTBALL PROGRAM IS PLEASED TO ANNOUNCE THE ANNUAL LAKE ORION FOOTBALL CAMPS AND ACADEMY TO BE HELD AT LAKE ORION HIGH SCHOOL. THE CAMPS AND THE ACADEMY PLAY A BIG ROLE IN PLAYER DEVELOPMENT AND GIVE PLAYERS A COMPETITIVE EDGE COMING INTO THE SEASON. SEVERAL PARTICIPANTS FROM LAST SEASON'S CAMPS AND ACADEMY WENT ON TO HAVE OUTSTANDING SEASONS LEADING THEIR TEAMS TO MANY VICTORIES.

THE CAMP AND ACADEMY STAFF IS THE FOOTBALL STAFF FROM LAKE ORION HIGH SCHOOL AND THE LAKE ORION MIDDLE SCHOOLS.

SUMMER 2010

## CAMP 1

### LAKE ORION FOOTBALL ACADEMY

🏈 PASSING ACADEMY 🏈 LINEMAN ACADEMY 🏈 DEFENSIVE ACADEMY

June 24, July 8, 15, 22 8 am to 10 am

HIGH SCHOOL FOOTBALL FIELD 7<sup>th</sup> thru 12<sup>th</sup> grade

10/11 school year

- 🏈 The Academy focuses on skill development throughout the summer. Position specific skills and techniques are taught and practiced

\$40.00 per player

## CAMP 3

### HIGH SCHOOL FOOTBALL CAMP

July 19-21 Varsity 8 am to 11:00 am

Freshmen and Junior Varsity 4:00 pm to 7:00 pm

HIGH SCHOOL FOOTBALL FIELD

9<sup>th</sup> through 12<sup>th</sup> grade

10/11 school year

- 🏈 Camp is conducted by the coaching staff from Lake Orion High School
- 🏈 Each player will need football shoes, gym shoes and workout clothes
- 🏈 Skills taught will be specific to each position played

\$40.00 per player



## CAMP 2

### MIDDLE SCHOOL FOOTBALL CAMP

July 13-14 8 am to 11 am HIGH SCHOOL FOOTBALL FIELD

6<sup>th</sup>, 7<sup>th</sup> or 8<sup>th</sup> grade

10/11 school year

- 🏈 Camp is conducted by the coaching staff from Lake Orion High School
- 🏈 Each player will need football shoes, gym shoes and workout clothes
- 🏈 Skills taught will be specific to each position played

\$40.00 per player

## CAMP 4

### MOMS FOOTBALL CAMP 101

August 3rd 5 pm to 7 pm HIGH SCHOOL FOOTBALL FIELD

Females over the age of 21

10/11 school year

- 🏈 An opportunity for moms/family and friends to learn the game of football
- 🏈 Football drills and position specific training taught
- 🏈 Chalk talk and a film session
- 🏈 Do as you are able. YOU DECIDE!
- 🏈 Each player will need gym shoes and workout clothes
- 🏈 Fun For All

\$40.00 per camper

*Back by popular demand*